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Learn life-saving skills with LivingWorks Start

Most people are surprised to learn that they're much more likely to encounter someone who's thinking about suicide than someone who needs CPR. Yet suicide is preventable: with the right skills, anyone can help save a life.

That's where LivingWorks Start comes in. In as little as one hour online, this interactive training program will give you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide.

How LivingWorks Start can help you:

- Become more comfortable talking about suicide
- Keep a loved one safe in times of distress
- Support friends and co-workers
- Build professional skills
- Have peace of mind knowing you're ready to help

LivingWorks Start features



High-quality content and simulations



In-depth customization



Proven to increase skills



Lifetime access to resources and refreshers



Learnable on any computer or device

Sponsored by:

WV Behavioral Health
Workforce and Health Equity
Training Center



www.wvbhtraining.org

Learn life-saving skills today! To register, contact Kari Mika-Lude at mikalude@marshall.edu.